

A reading from the holy Gospel according to John.

My flesh is real food and my blood is real drink.

Jesus said to the Jews:

‘I am the living bread which has come down from heaven.

Anyone who eats this bread will live for ever; and the bread that I shall give is my flesh, for the life of the world.’

Then the Jews started arguing with one another: ‘How can this man give us his flesh to eat?’ they said. Jesus replied:

‘I tell you most solemnly, if you do not eat the flesh of the Son of Man and drink his blood, you will not have life in you.

Anyone who does eat my flesh and drink my blood

has eternal life,

and I shall raise him up on the last day.

For my flesh is real food

and my blood is real drink.

He who eats my flesh and drinks my blood lives in me and I live in him.

As I, who am sent by the living Father, myself draw life from the Father,

so whoever eats me will draw life from me.

This is the bread come down from heaven; not like the bread our ancestors ate:

they are dead,

but anyone who eats this bread will live for ever.’

■ The Gospel of the Lord.

Breaking Open the Word



THE SAVING WORD

THE MOST HOLY BODY AND BLOOD OF CHRIST / A

11 JUNE 2023

A PROMISE OF LIFE

On the feast of the Body and Blood of Christ, we are invited to consider the sustaining love of God in the past, present, and future. Deuteronomy calls us to remember how God nourished the people of Israel in the desert. Amid great hardship on that long journey to the land of promise, it was the living God who provided the people with the means to overcome thirst and hunger.

In trying to help the Corinthians address the division among them Paul stresses the role the Eucharist has in the present. United with Christ’s great act of self-giving, Christians are called to celebrate the source of their unity. Moreover, their participation is a solemn pledge to overcome division by working to reflect who they are, the body of Christ Jesus.

The future aspects of the Eucharist become apparent in today’s reading from John’s Gospel. It reflects how the early church had come to understand that the Eucharist they celebrated was the most precious of gifts. Unlike the manna in the desert, it is a source of life that will carry us through all of life’s journeys and is a reminder, promise, and preparation of the eternal life that awaits us.

The Eucharist prompts us to remember God’s sustaining acts in the past as a source of encouragement for the present. We are called to continue Jesus’ mission and message by working for unity in the present to be ready and worthy to share in eternal life which has been prepared for us in the future.

FIRST READING

Deut 8:2-3, 14-16

A reading from the book of Deuteronomy

He gave you food which you and your ancestors did not know.

Moses said to the people: ‘Remember how the Lord your God led you for forty years in the wilderness, to humble you, to test you and to know your inmost heart – whether you would keep his commandments or not. He humbled you, he made you feel hunger, he fed you with manna which neither you nor your fathers had known, to make you understand that man does not live on bread alone but that man lives on everything that comes from the mouth of the Lord.

‘Do not then forget the Lord your God who brought you out of the land of Egypt, out of the house of slavery: who guided you through this vast and dreadful wilderness, a land of fiery serpents, scorpions, thirst; who in this waterless place brought you water from the hardest rock; who in this wilderness fed you with manna that your fathers had not known.’

■ The word of the Lord.

RESP PSALM

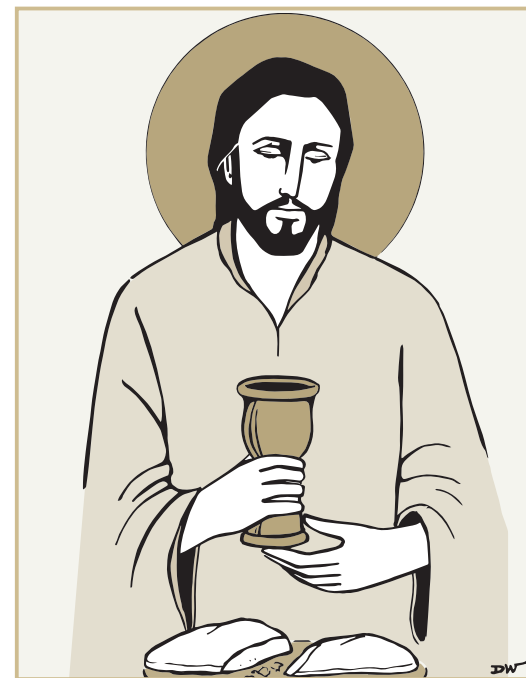
Ps 147:12-15, 19-20. R. v. 12

R. Praise the Lord, Jerusalem. (or Alleluia!)

1. O praise the Lord, Jerusalem! / Zion, praise your God! / He has strengthened the bars of your gates, / he has blessed the children within you. **R.**

2. He established peace on your borders, / he feeds you with finest wheat. / He sends out his word to the earth / and swiftly runs his command. **R.**

3. He makes his word known to Jacob, / to Israel his laws and decrees. / He has not dealt thus with other nations; / he has not taught them his decrees. **R.**



SECOND READING

1 Cor 10:16-17

A reading from the first letter of St Paul to the Corinthians

Though we are many, we form a single body because we share this one loaf.

The blessing-cup that we bless is a communion with the blood of Christ, and the bread that we break is a communion with the body of Christ. The fact that there is only one loaf means that, though there are many of us, we form a single body because we all have a share in this one loaf.

■ The word of the Lord.

GOSPEL ACCLAMATION

Jn 6:51-52

Alleluia, alleluia! / I am the living bread from heaven, says the Lord; / whoever eats this bread will live for ever. / Alleluia!

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Welcome to
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The Most Holy Body and Blood of Christ

Reflection:

In some Christian traditions there is an "altar call," a moment when those who have heard the Word of God are invited to come forward to "accept Jesus into your life." Each time we come forward to receive the Eucharistic bread and wine we are expressing our desire to take Jesus into our lives. We are responding to an "altar call" after having heard the Word. We come forward to receive the One whose life can shape our lives. In receiving his body and blood, his life, we are asking that our lives reflect, as his did, our compassionate and forgiving God.

So we ask ourselves:

- How does my receiving the Eucharist shape how I live my life?
- If I never again received the Eucharist, what difference would that make?

Baptisms

We welcome the following children into our parish community. They will all be baptised this weekend.

- ♥ Mark Peter and Jonathan Max Ratyna, sons of Andrew and Xin Ratyna.
- ♥ Zak and Jordan Mihajlovic, sons of Simo and Nikola Mihajlovic.
- ♥ Alejandra Quevedo-Bermudez, daughter of Cesar and Rosalin Quevedo-Bermudez.
May God continue to bless these families.

MASS THIS WEEKEND

The Rosary will be prayed 20 minutes before weekend Masses

Sat 10 June 6pm St Dom
Sun 11 June 8am OLG
Sun 11 June 9.30am St Dom

MASS DURING THE WEEK

Tues 13 June 7pm St Dom
Wed 14 June 9am St Dom
Thurs 15 June 9am OLG
Fri 16 June 9am St Dom
Fri 16 June 10.30am Shawford Lodge
Sat 17 June 9am communion service OLG

MASS NEXT WEEKEND

Sat 17 June 6pm St Dom
Sun 11 June 8am OLG
Sun 11 June 9.30am St Dom

Reconciliation celebrated after every Saturday morning Mass and before every weekend Mass. Contact Fr Bernard 9245 3899 or Maureen Smith 0409 912 359 to receive Communion at home if you can't attend Mass.

Pope Francis: for this Feast Day

"It is especially urgent now to take care of those who hunger for food and for dignity, of those without work and those who struggle to carry on. And this we must do in a real way, as real as the bread that Jesus gives us. Genuine closeness is needed, as are true bonds of solidarity. In the Eucharist Jesus draws close to us: Let us not turn away from those around us".

Sacrament of First Holy Communion

Congratulations to the children receiving First Holy Communion this Sunday at 8am Mass. The next First Holy Communion will be 18 June, 9.30am Mass at St Dominic's Please bring a plate to share.

We ask our parish community to keep these children and families in their prayers.

Safeguarding Officers

St Dominic's - Isabelle Brewer 0459 537 045
OLGC - Dr Rina Cercarelli (PhD) 0413 835 852

Upcoming Events

18 June: First Holy Communion, 9.30am St Dom

Rosters this weekend	10 June 6pm St Dom	11 June 8am OLG	11 June 9.30am St Dom
Readers	Youth Group	B Webb	M Rodriguez
Acolyte	W Italiano		D Ee
Offertory Procession		W McC E Jeffery	
Altar Society		K Wear E Jeffery	

Rosters next weekend	17 June 6pm St Dom	18 June 8am OLG	18 June 9.30am St Dom
Readers	P Truda	B Croxford	R George
Acolyte	D O'Sullivan		I Baviah
Offertory Procession		C & R Zampagna	
Altar Society		M Farmer	

Saturday Soup Nights in Winter

Please join us after the 6pm St Dominic's Mass for a shared meal of soup and bread in the parish centre.

Senior's Group

20 June Lunch 11.30am, Odin Tavern, 51 Erindale Rd, Balcatta. RSVP by Monday 19th June. Wyn 0407 261 500 or Chris 0417 979 629.

In Recess for Winter

Morning Tea at OLG
Parish golf at Hamersley