

Welcome to  
**Innaloo/Karrinyup Catholic Parish**

**Parish Priest: Rev Fr Bernard Lanarolle**  
bernard.lanarolle@perthcatholic.org.au  
Deacon: Gregory Lowe  
greg.lowe@perthcatholic.org.au  
Parish Office 19 Phillips Grove, Innaloo  
Parish office phone: 9446 1666  
innaloo.karrinyup@perthcatholic.org.au  
www.innalookarrinyup.perthcatholic.org.au

### 21st Sunday in Ordinary Time

#### Reflection:

The "narrow gate" is an image for Jesus' way of living and his gift of himself so that we can follow that way. To forgive is a narrow gate; to serve by giving time and money for those in need is a narrow gate; to put aside my schedule and agenda to listen to another's pain, is a narrow gate; to live a careful and frugal life, to have less so someone can have some, is a narrow gate; etc.

#### So we ask ourselves:

- What is the "narrow gate" I am being invited to enter at this time in my life?
- How is Jesus giving me courage and determination to move forward and enter?

#### First Holy Communion

9.30am at St Dominic's next Sunday 28 August.  
We ask our parish community to keep these children and families in their prayers. If you can bring a plate to share for morning tea that would be appreciated.

Thank you to Barbara Brucciani and members for organising the St Vincent de Paul Society Festival Mass.

#### MASS THIS WEEKEND

The Rosary will be prayed 20 minutes before weekend Masses

Sat 20 Aug 6pm St Dom  
Sun 21 Aug 8am OLCG  
Sun 21 Aug 9.30am Paolo Lombardo St Dom

#### MASS DURING THE WEEK

Tue 23 Aug 7pm St Dom  
Wed 24 Aug 9am communion service St Dom  
Adoration after service  
Thurs 25 Aug 9am communion service OLCG  
Fri 26 Aug 9am communion service St Dom  
Sat 27 Aug 9am St Dom

#### MASS NEXT WEEKEND

Sat 27 Aug 6pm St Dom  
Sun 28 Aug 8am OLCG  
Sun 28 Aug 9.30am St Dom

*Reconciliation celebrated after every Saturday morning Mass and before every weekend Mass.  
Contact Fr Bernard 9245 3899 or Maureen Smith 0409 912 359 to receive Communion at home if you can't attend Mass.*

#### Mental Health Awareness

Supported by the Diocese, The Emmanuel Centre will present sections of '*Do Not Be Afraid*' in St Dominic's Parish Centre. Please join us for the remaining session:

#### 21<sup>st</sup> August - 11am-1pm: Stigma & Mental Illness

A light lunch will be provided on both days. More information is available from the Emmanuel Centre (9328 8113) or Fr Bernard (94461666). Please put your name down on the list in the church foyer.

#### A Pastoral Letter

Please see Archbishop Costelloe's Pastoral Letter to the Catholic People of the Archdiocese of Perth which is available on our parish website. A few copies are available at the back of church for those who don't have a computer or access to the internet.

#### Upcoming Events

**28 Aug:** First Holy Communion 9.30am, St Dom  
**10 Sept:** Youth Group 4pm, St Dom

Rosters next weekend	20 Aug 6pm St Dom	21 Aug 8am OLCG	21 Aug 9.30am St Dom
Readers	M Phillip	D D'Souza	C Frisina
Acolyte	P Wall		P Riney
Altar Society		M Webb I Rodriguez	
Morning Tea		Winter recess	

Rosters this weekend	27 Aug 6pm St Dom	28 Aug 8am OLCG	28 Aug 9.30am St Dom
Readers	J Stevenson	K Creasey	C Nevin
Acolyte	D O'Sullivan		I Baviah
Altar Society	Group 1	K Wear E Jeffery	

#### Senior's Group Lunch

Tuesday 23 August, 11.30am at Chu Sang Chinese Restaurant, 36 Cedric Street, Stirling. ph 9344 5520.  
To confirm booking or if you need a lift, contact Wyn 0407 261 500.

#### Soup and Bread

Please join us after the 6pm St Dominic's Mass for a shared meal of soup and bread.

#### Safeguarding Officers

St Dominic's - Isabelle Brewer 0459 537 045  
OLGC - Dr Rina Cercarelli (PhD) 0413 835 852